

Central Penn Aquatic League
Division 4-A Championship 2010

Hosted by Northern York Aquatic Club

Saturday February 27, 2010

ENTRIES DUE Wednesday, February 17 at 8:30 p.m.

- Location:** Northern York High School
655 South Baltimore Street
Dillsburg, PA 17019
- Admission:** Admission: \$2 for adults; \$1 for students over 5 years of age
Volunteers are admitted free of charge
Programs will be available for \$3.00
- Volunteers:** Each team must provide names of chaperones, timers, and officials. Please review the request for volunteers on the Collegiate web site and communicate how you're willing to volunteer.
- Directions:** On the Collegiate web site.
- Eligibility:** All swimmers who attended any three of Collegiate's four league dual meets are eligible to participate in the division championship meet. **Coaches STRONGLY RECOMMEND that every eligible swimmer participate (see entry information).**
- Facility:** The Northern High School Pool is a six lane, 25-yard pool with full display. A Colorado timing system will be used, along with touch pads at the finish end for 50 yard and longer events and button finish for the 25 yard events for 8 & under. The meet will be run using Hy-tek Meet Management software.
- Refreshments:** The concession stand will be open in the High School cafeteria and will be selling a variety of food, snacks, and beverages throughout the entire meet. Tables will be designated for each team. Please put coolers in the cafeteria in the areas marked for your team. There will ample tables for your use. **All food and beverages (with the exception of water) must remain in the concession stand area.**
- Staging:** Swimmers will be seeded in the auxiliary gym and led to the pool deck. All swimmers must wear shoes. When swimmers are not competing, they are to remain in the auxiliary gym. The seating in the pool area is for spectators only.
- Divisional T-Shirt:** Divisional T-shirts will be available for pre-order only.
An order form is provided on the Collegiate web site. Pre-orders (\$15/long sleeve; \$12/short sleeve) are due to the return folder no later than **February 15, 2010**.
There will be no T-shirts for sale at the meet.
- Vendor:** The host is arranging to have a vendor on site selling suits, goggles, etc.

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Start Times: Doors open at 6:45 AM

Two Sessions: Morning Session: 8 & under
9-10 year olds

Afternoon Session: 11-12 year olds
13-14 year olds
15 & Over

AM Schedules:

AM Warm-up Schedule:

7:15 AM – 7:45 AM

NYAC Lanes 1-3
ACWS Lanes 4-6

7:50 AM – 8:20 AM

Lampeter Lanes 1-2
Collegiate Lanes 3-4
MSC Lanes 5-6

7:45 AM Officials' Meeting
8:00 AM Timers' Meeting
8:00 AM Coaches' Meeting
8:30 AM Meet Starts

PM Schedules: (Tentative schedule; any changes to the warm-up and start time will be available and emailed to Team Reps on Monday, February 22, 2010)

PM Warm-up Schedule:

12:45 PM – 1:15 PM

NYAC Lanes 1-3
ACWS Lanes 3-4

1:20 PM – 1:50 PM

Lampeter Lanes 1-2
Collegiate Lanes 3-4
MSC Lanes 5-6

1:15 PM Officials' Meeting
1:30 PM Timers' Meeting
1:30 PM Coaches' Meeting
2:00 PM Meet Starts

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ENTRIES and RESULTS

In accordance with CPAL guidelines, each swimmer may swim in a maximum of 3 events. The events may be 3 individual events; 2 individual and one relay; or 1 individual and 2 relays. Listing a swimmer as an alternate on a relay does not count as an event.

DEADLINE for receipt of entries is Wednesday, February 17 at 8:30 p.m.
Please return entries to the coaches' return folder

No team will be entered without completed coaches, chaperones, and other volunteer forms.

All-Star Qualifying: The 12 fastest swimmers in each event, regardless of division, from the combined **five** CPAL Division Championship Meets will automatically qualify for CPAL Bill Schmidt Memorial All-Star Meet. This year, the All Star Meet will be co-hosted by Collegiate Aquatics and CVAC at the Cumberland Valley High School on Sunday, February 28.

DIVISION 4A CHAMPIONSHIP MEET 2010: DUE Wednesday, February 17 at 8:30 p.m.

Swimmer's Name: _____ Age as of December 1, 2009 _____

Swimmers may enter up to a **maximum of three events**. Parents/Swimmers should pay special attention to list their event choices in order of preference. Include Full Event Description. *Sample Choice: 9-10 Boys 50 Free.*

1st Choice _____ 2nd Choice _____ 3rd Choice _____

Note: The events listed below have been assigned a number based on the order of events for the All-Star Meet the following day (divisionals is treated as a preliminary or qualifying meet). The order of events, according to the meet host, will be: 200 Free, Medley relays (all ages), Short Free, Breast, Long Free, Back, Fly, IM, Free Relays (all ages).

BOYS

GIRLS

1	8 & Under 100 Medley Relay	2
3	9-10 200 Medley Relay	4
5	8 & Under 25 Freestyle	6
7	9-10 50 Freestyle	8
9	8 & Under 25 Breaststroke	10
11	9-10 50 Breaststroke	12
13	8 & Under 50 Freestyle	14
15	9-10 100 Freestyle	16
17	8 & Under 25 Backstroke	18
19	9-10 50 Backstroke	20
21	8 & Under 25 Butterfly	22
23	9-10 50 Butterfly	24
25	8 & Under 100 IM	26
27	9-10 100 IM	28
29	8 & Under 100 Freestyle Relay	30
31	9-10 200 Freestyle Relay	32
33	11 & Over 200 Freestyle	34
35	11-12 200 Medley Relay	36
37	13-14 200 Medley Relay	38
39	15 & Over 200 Medley Relay	40
41	11-12 50 Freestyle	42
43	13-14 50 Freestyle	44
45	15 & Over 50 Freestyle	46
47	11-12 50 Breaststroke	48
49	13-14 100 Breaststroke	50
51	15 & Over 100 Breaststroke	52
53	11-12 100 Freestyle	54
55	13-14 100 Freestyle	56
57	15 & Over 100 Freestyle	58
59	11-12 50 Backstroke	60
61	13-14 100 Backstroke	62
63	15 & Over 100 Backstroke	64
65	11-12 50 Butterfly	66
67	13-14 100 Butterfly	68
69	15 & Over 100 Butterfly	70
71	11-12 100 IM	72
73	13-14 200 IM	74
75	15 & Over 200 IM	76
77	11-12 200 Freestyle Relay	78
79	13-14 200 Freestyle Relay	80
81	15 & Over 200 Freestyle Relay	82